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July 2020
Volume 6, Issue 1

RIVERSIDE Estate RENMARK

The Pelican Monthly Bulletin

For the Residents of Riverside Estate.

Renmark

[The Riverland's Premier Over 55s Lifestyle Village](#)

MANAGER'S REPORT

Covid19 update: From June 29th, under the 1 person per square metre rules, we are allowed 70 people in the main hall, 15 in the library, 10 in the meeting room and 60 people in the alfresco area. Restrictions on shared food still applies. Please use sanitiser and antiseptic wipes where applicable.



Work on the townhouse site has begun. We apologise up front for some noise in that area over the coming months.

Most of the major gardening tasks around the Estate are now complete. We will continue with minor trimming and tidy up as we undertake rose pruning (800+) over the coming weeks.

Scheduled house maintenance is complete. Although travel restrictions have been a burden for a lot of you, you were home, making house maintenances for Scott and I much quicker and easier to schedule.

Claire and I visited Quorn and surrounds for a few days in June with my sister and brother in law. My brother in law is a friend of the Heysen Trail so we hiked up a few mountains repairing and replacing trail signs. People do this for fun???? We were supposed to be in Japan at the time, a holiday is a holiday isn't it?

Make a note in your diary for the Riverside AGM on Tuesday 20th October @ 4.00pm in the Recreation Centre.

Ken Smith

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Committee Members

Residents Committee

- Tony Peak – Chairperson & Secretary
- Glenda Edwards – Minutes Secretary
- Stephen Davies – Finance
- Cheryl Vriends – Finance
- Jenny Thomas – Special Projects
- Gene Branson – Special Projects

Social

- Roger Williams
- Lynne Williams
- Graham Edwards
- Mike Thomas
- Maureen Williams
(John Hume)
- (Sue Smith)

The Pelican Monthly Bulletin is produced monthly for and by the residents of Riverside Estate. All contributions including articles, jokes, photos, etc are most welcome and should be sent to the editor by the 25th of the month for inclusion in the next or future issues depending on available space. Email submissions are preferred and should be forwarded to Maureen Williams - #23 maureen.williams23@yahoo.com.au

DIRECTOR'S REPORT FROM DAVID

Hopefully we are getting to near the end of Covid 19 risks and restrictions. It has certainly been a challenging time for everyone.

We are delighted to announce that contracts for two of the four new townhouses on Murray Dyer Avenue have been signed. As a result we have now also signed the building contract with GJ Gardners and hope to see construction activity in the very short term. We are trying to beat the expected increase in demand for building due to the Federal Government "Homebuilder" scheme.

Thank you to all residents who have supported us with this project. Our efforts now move to selling the remaining two and managing construction. Mel continues to work on promotion for all our homes for sale and the village, much of her work is unfortunately in the background due to the pandemic. However, with the ease of restrictions she was able to host three village visits, two of the couples stayed in our Hospitality House. Mel showed the couples an enjoyable time and even set up an afternoon tea with Maureen and Roger so they were able to experience what life would be like living at Riverside. The couple offered great feedback about the village and this with the help of Ken resulted in our two contracts for the Townhouses being signed. As restrictions ease she will be able to come out of hiding more often, meet more residents and hopefully introduce new residents to the village.

Ken will be reunited with his beloved backhoe very soon. It has been in Adelaide for major repairs, including fixing the annoying oil leaks.

To check whether anyone read to the end of my report I thought it would be good to add a joke. I couldn't find a good joke so included two bad jokes instead.

Joe went to the doctor to get a physical.

A few days later, the doctor saw Joe walking down the street with a gorgeous young woman on his arm.

A couple of days afterward, the doctor spoke to Joe and said, "You're really doing great, aren't you?"

Joe replied, "Just doing what you said, Doc - 'Get a hot mamma and be cheerful.'"

The doctor said, "I didn't say that. I said, 'You've got a heart murmur - be careful.'"

Son "Why is my sister's name Paris?"

Father "Because she was conceived in Paris"

Son "Thanks Dad"

Father "No problem Quarantine"

From the Editor

With this issue being the first one for the start of the 6th year of this publication, I decided that our newsletter should have a new masthead. Many thanks to Mel from Marketing for providing the new Riverside Estate lettering.

If you have any ideas or suggestions for new inclusions in our monthly newsletter, please let me know by the 25th of the month.

Cheers

Maureen

RIVERSIDE PROGRESS

TOWNHOUSE PROJECT

Soil testing on the new townhouse block has been done and hopefully it won't be too long before we start to see some action happening here.

Watch this space.....

Quicker than we thought!
The block has now been levelled



The fence along the side of Colleen's place, which had been propped up with star pickets for many years, has now been removed and a new piece put in place to the corner of the wire fence in preparation for the start of construction.



POTTER INN GARDENERS

There has been a lot of activity in the garden this month , Val managed to find someone to prune all of the fruit trees so hopefully next year we will have a bumper crop, John and Noel did a terrific clean up of all the trimmings.

Cheryl, Mike and I weeded the sweet pea bed and planted a large star jasmine donated by Jill and Gerry , not only will it look and smell lovely but also should help to bring the bees in to pollinate the vegetables and fruit trees.

Peter and Bev gave us some garlic cloves which are already growing well.

We had a few caterpillars munching on the brassicas so in an effort to deter the white cabbage butterflies from laying their eggs we have placed several plastic white butterflies around the veggie beds, fingers crossed it seems to be working.

It looks as if several of the residents have been busy in the garden weeding and tidying up as it is looking pretty neat. The ever popular spring onions are a bit depleted at present but we will get around to planting some more in the next few days. On the upside, we have plenty of radishes and lettuce even a few beetroot and even if it's a bit cold for salad Cheryl assures me roasted beetroot is very tasty.

The garden club committee decided that as we have sufficient funds we would make a \$100 donation to Foodbank .

Finally on a personal note next month Mike and I will have been here two years and anyone who knows me will know how reluctant I was to make the move. Now I just wish I had made up my mind sooner - it's been a great two years, we have been made to feel so welcome and made some great friends .



The monthly water roster has been put on hold for winter.

**FOR
SALE**

**Green Tomato Pickles \$4
In the Rec Centre**

Next Meeting
Thursday, 2nd July 2020
Commencing 2 pm.
All interested residents
are welcome to attend.

COMMUNITY GARDEN



Hopefully the pruning by some gentlemen who know what to do will mean lots of fruit come summer.

Thanks to Val for organising this.

Every job needs a good supervisor and Lucky the dog was on hand to make sure everything was done just right with the tree pruning.



The garden is looking really good after all the showers of rain we have had lately. The winter plantings that the members of the garden club had done are thriving.



SOCIAL CLUB UPDATE



Happy Hour - from 6PM every Friday night

BYO drinks and some nibbles .

No shared food until advised otherwise.



WEDNESDAY, 15th July - 12.30 pm

FREE SOUP & BREAD ROLL

Luncheon

Choose from

**Chicken Noodle & Vege
Pumpkin.**

List in the library

Visitors Welcome -\$5 each



SUNDAY 26th July - 12.30 pm

CHRISTMAS IN JULY

**Traditional Roast Dinner with Veggies
Plus Dessert**

Residents \$15 per person

Visitors \$20 per person

BYO Drinks

**To ensure we have enough food for residents
& visitors please add your name & number of visitors
to the list in the Rec Centre by Friday 10th July.**

Money to be paid to Graham by Friday 17th July.

Lucky House number drawn at this event.



**A whiteboard is located in the main hall area in the Rec Centre behind the produce table
so the Social Club can list all the up-coming events for the month.**

Attendance lists will still be located in the Library - please add your name if you wish to attend.



Soft drinks & beer are available for purchase in the Rec Centre.

They are located in the left hand fridge
Please place your money in the Honour Jar.

Prices are on the jars.



CHRISTMAS IN JULY

Ken has advised that, with the easing of the 4 sq mtr rule to 2 sq mtr from Monday 29th June, Christmas in July can go ahead as originally planned, keeping in mind the current social distancing rules at the time.

Please add your name & number of visitors (if any) to the list in the Rec Centre by Friday 10th July.
Money to be paid to Graham E (628) by Friday 17th July.

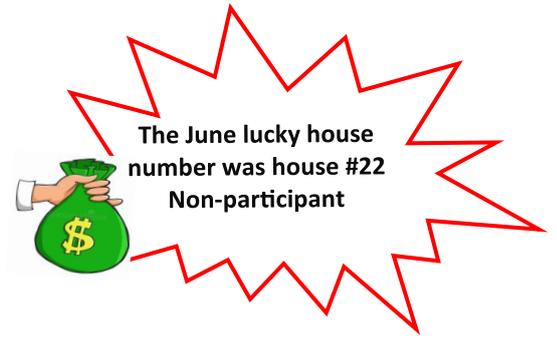


Lucky House Draw - June

(from a total of 37 eligible homes)

Total contributions

29 participants @ \$2 per house = \$58
LESS 25% for RESC = \$15
Jackpot to July \$43



RIVERSIDE CLOWNS

Just to prove we aren't a bunch of old fogies here at Riverside, some of our ladies went out of their way to prove you are never too old to act the clown!



Jenny, Lynne & Glenda decided to brighten up bin day after seeing the recent publicity on Facebook about others taking out their bins during the Covid-19 isolation.

COMMUNITY INFORMATION

SOUTH AUSTRALIAN ROADMAP FOR EASING COVID-19 RESTRICTIONS

STEP 2 (CURRENT)

1 per 4 sqm

1.5 metres

90 total max

20 20 20 20
20 max (per room/group)

- Hospitality (seated at a table) at restaurants, cafes, wineries, pubs, breweries, bars
- Cinemas, theatres, galleries and museums
- Beauty, nails, tattoo, massage (non-therapeutic)
- Driving instruction lessons
- Gyms and indoor fitness (indoor classes limited to 10 participants max)
- Non-contact outdoor sport (competition)
- Non-contact indoor sport (training and competition) and indoor recreation activities
- Funerals (50 max room limit)

STEP 2 PLUS FROM 19 JUNE

1 per 4 sqm

1.5 metres

300 total max

75 75 75 75
75 max (per room/group)

Businesses and activities which already have a COVID-Safe Plan will be sent an updated Plan before 19 June. New Plans can be created online.

Private gatherings of up to 75 people are allowed. Funerals and weddings are also limited to 75 people.

INTERSTATE TRAVEL

- Travellers entering South Australia directly from Western Australia, Northern Territory and Tasmania will no longer be required to quarantine.
- Travellers entering from other states and territories will still be required to quarantine for 14 days.

PUBLIC ASSEMBLIES

- Outdoor public assemblies up to 300 max at 1 per 4 sqm

INDOOR GROUP FITNESS CLASSES

- If space allows for 1 person per 4 sqm: Indoor group fitness classes remain limited to 10 people.
- If space allows for 1 person per 7 sqm: Indoor group fitness classes can have up to 20 people.

SPORT FROM 25 JUNE

- Contact outdoor sport (competition) commences
- Contact indoor sport (training) commences

STEP 3 FROM 29 JUNE

Step 3 will be a simplified principle-based approach, except for some high-risk activities. More detail to follow in coming weeks.

Businesses, activities and gatherings allowed under Step 3 to be confirmed.

INTERSTATE TRAVEL FROM 20 JULY

Travellers entering South Australia directly from Queensland, New South Wales, Victoria and Australian Capital Territory will no longer need to quarantine for 14 days.

FUTURE STEPS FOR CONSIDERATION

- Nightclubs and music festivals
- Spas and saunas
- Indoor playgrounds and amusement arcades
- Shisha and hookah use
- Crowd numbers at large stadiums

Updated 16 June 2020



If you have cold or flu symptoms, seek testing and stay home until you are well



Wash your hands often, wipe frequently touched surfaces, and cover coughs and sneezes



Vulnerable people like the elderly and people with chronic health conditions should talk to their doctor about what is appropriate for them



Download the COVIDSafe app to keep you, your family and your community safe

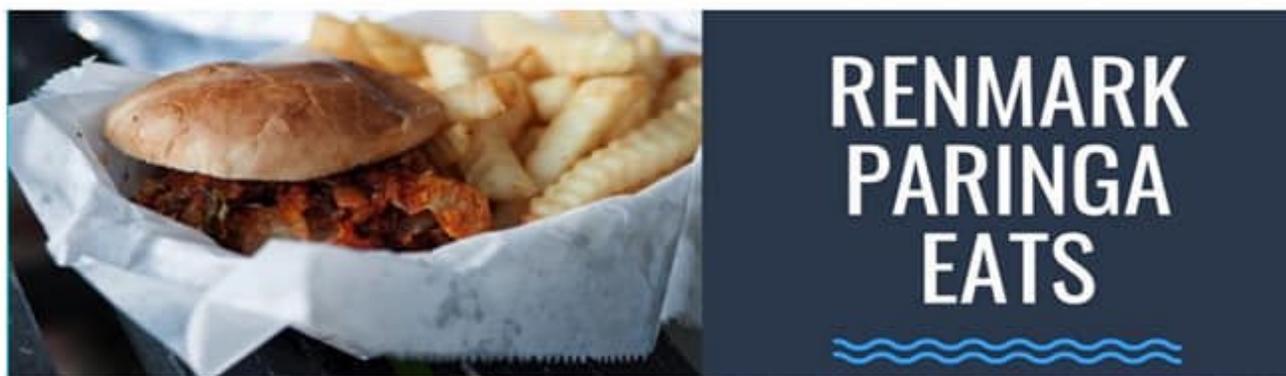
SA.GOV.AU or **1800 253 787**

KEEPING SA SAFE & STRONG



Government of South Australia

COMMUNITY INFORMATION



Business	Phone	Address	Dine In	Delivery	Takeaway	Notes ** Bookings Essential**	Updates
RENMARK							
ABS Smokehouse Pizza Cafe	08 8586 6444	4 Para Street	*		*	Open Sat 6 June 8am – 1pm See Facebook for details	f
Apple Bee Health	0477 591 600	Chapman Mall Ral Ral Ave	*	*	*	Open Tue - Fri 10am - 3pm	f
Arrosta	0427 223 853	152 Eighteenth St		*	*	Open Mon - Sat 7am - 1pm Sun 8am - 1pm	f
Blend19eightytwo		Renmark Square			*	Open. Refer to facebook for times	f
Chill N Grill	08 8586 4888	179-181 Murray Ave	*	*	*	Open Tues – Sat from 11.30am	f
Cinnamon Grove	85864342	77 Ral Ral Ave				Open Daily 10am – 4pm	f
Dear Lyta	0449 120 684	2 Para Street	*		*	Open Daily from 8am	f
Duck Out Asian Cuisine	08 8586 6666	137 Fifteenth St	*		*	Open Tues – Sun 5pm – 9pm	f
Dominos Pizza	08 8586 2620	32 Renmark Ave		*	*	Open Sun –Wed 9am – 3pm Thur – Sat 9am – 10pm	f
Eat Me Street Food & Kebabs	08 8586 3315	Renmark Square	*	*	*	Open Mon –Sat 9.30am – 7.30pm Delivery 5pm – 7.30pm	f
Beni's @ Mafee Estate	08 8595 1099	20055 Sturt Highway	*		*	Fri –Sun 12noon – 2pm & 6pm – 8pm	f
Hungry Jacks	08 8586 4200	292 Renmark Ave			*	Open 7am – 11pm Mon - Sun	f
KFC	08 8586 4500	282 Renmark Ave			*	Open Sun – Wed 10am – 10pm Thu – Sat 10am – 11pm	f
McDonalds	08 8586 6677	Renmark Ave		*	*	Open Daily - 24 hours	f
Noodle Bento	08 8586 4880	Renmark Avenue			*	Open Tues – Sun from 10.30am	
Pleman's Kitchen	08 8586 4260	237 Renmark Ave	*	*	*	Open Mon – Fri 7am – 3pm Sat 8.30am – 2pm	f
Renmark Club	0448 460 475	160 Murray Ave	*		*	Open Daily – Weekdays 11am – 8pm Weekends 9am – 8pm	f
Renmark Fish & Chips	0498 697 501 0474 249 572	Cnr 15 th & Para Street			*	Open Daily 11am – 8pm	f
Renmark Hotel	08 8586 6755	Murray Avenue	*			Nanya & Sports Bar Open Daily See Facebook for times	f
Renmark Patisserie	08 8586 6156	40 Renmark Ave	*	*	*	Open Mon – Fri 7.30am – 5pm Sat 8am – 2pm Sun 9am – 2pm	f
Riverland Charcoal Chicken	0416 860 148	37 Renmark Ave			*	Open Wed – Fri 4pm – 8pm Sat & Sun 12 – 8pm See Facebook for details	f
Riverland Golden Palace Chinese	08 8586 6065	114 Renmark Ave	*		*	Open Wednesday - Sunday 11:30am - 2:00pm Tuesday - Sunday 5:00pm - 9:30pm	f
Ruston's Restaurant & Functions	08 8586 6191	Mooma St	*		*	Thurs 12noon – 2pm Fri & Sat 12noon – 2pm & 6pm – 8:30pm Sun 12noon – 2pm	f
Subway	08 8586 3003	Renmark Square			*	Open Daily from 10am – 6pm	f
Twenty Third Street Distillery	08 8586 8500	Cnr Renmark Ave & Twenty Third Street	*		*	Open Daily from 12 noon Dining from Thurs - Sun	f
PARINGA							
Paringa Hotel Motel	08 8595 5005	Sturt Highway	*		*	Open Daily 12 – 2pm & 5.30 – 7.30pm	f
Paringa Bakery	08 8595 5283	2 Murtho Road			*	Open Mon – Thurs 6.30 – 4pm Fri 6am – 5pm Sat 6.30am – 2.30pm	f
LYRUP							
Lyrup Club	0438 034 951	Downer Ave	*		*	Open Thurs – Sat 5.30pm – 8pm Sunday 12 – 2pm & 6am – 8pm Bookings Essential	f

Disclaimer: Information contained on this document is intended as a guide only and considered to be correct at the time of printing. Services listed are subject to change without notice. Compiled by the Renmark Paringa Visitor Centre - June 11, 2020, V7.

COMMUNITY INFORMATION



**RENMARK
PARINGA
BEVVIES**

Business	Phone	Address	Takeaway	Delivery	Notes
BWS	08 8580 4205	Renmark Square Shopping Centre	•		Open Daily
Paringa Hotel Motel	08 8595 5005	Sturt Highway, Paringa	•		Drive Thru Open Daily 
Renmark Hotel Sip N Save	08 8586 6755	Fifteenth Street, Renmark	•		Drive Thru Open Daily 
Twenty Third Street Distillery	08 8586 8500	Cnr Renmark Ave & Twenty Third Street, Renmark	•		Open Daily 
Wilkadene Woolshed Brewery	08 8595 8188 0413 941 026	Murtho Road, Murtho	•	•	Open Wed – Sun 11am to 5pm. Closed Monday & Tuesday. Bookings essential as capacity restrictions 
Angove Family Winemakers	08 8580 3148	Bookmark Ave, Renmark	•		Winter Warehouse Clearance Sale – June 6 th – 8 th 
Mallee Estate	08 8595 1088	20055 Sturt Highway	•		Cellar door Open Wed – Sun 10.30am – 5pm 

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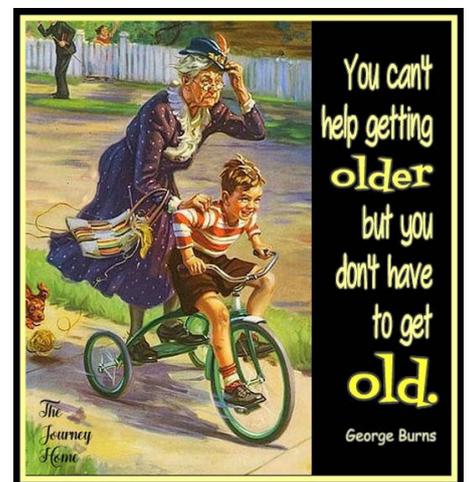
JUST FOR FUN



What Minus 4 looks like at Riverside!

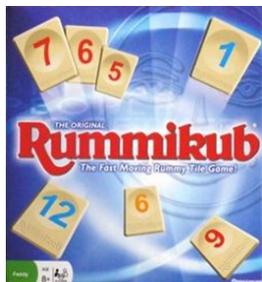


Please remember the speed limit and also remind your visitors



JUST FOR FUN

Don't forget the following activities are available in the Rec Centre - they are there for your enjoyment.



Rummikub

Every Monday – 1.30 PM
Contact Graham H (670)
for more details



Tai Chi

Every Tuesday - 8.45 am - 9.45 am
Contact Mazz 681 for info
Recommencing 21st July, 2020



REQUIREMENTS

- Apple iPad with iOS 13.3 or higher
 - Procreate 5 – app available from the App Store
 - Apple Pencil - Optional but makes life easier.
- However you can use your finger to navigate the program.



Do you have an Apple iPad? Are you interested in lettering, calligraphy sketching, drawing, painting, or animation? A fantastic Australian app called Procreate, which allows you to get creative on your iPad, is available from the App Store on your iPad for a once only purchase price of \$14.99.

The app comes with an entire library of over 200 brushes. Purchase of the app also comes with lifetime upgrades as they become available. The app is easy to use although it can be a bit mind boggling when you first start using it. There are literally dozens of tutorials available on Youtube which guide you step-by-step from start to finish depending on your area of interest.

The class is intended to be a social group for those who may be interested in learning digital art on their iPad. Come along and explore the possibilities.

For further information contact Maureen on 623.

Even if you don't have an iPad but are curious, come along and enjoy a cuppa and see what it's all about.

Recommencing 28th July, 2020 then fortnightly

COME FOR A YARN



**Do you enjoy knitting or crocheting?
Would you like to learn to crochet ?**

Or would you just like to get together for a chat and a cuppa?

Riverside Estate Rec Centre

Contact Maureen #23 for more info.

Telephone: 8580 3623

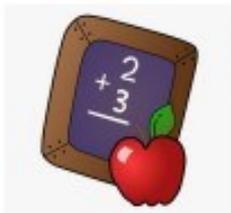
Mobile: 0434 949 813

\$1 donation for RFDS towards cuppa.

Recommencing 21st July, 2020

ALL WELCOME

JUST FOR FUN



EATING IN THE FIFTIES AND SIXTIES

Pasta was not eaten in Australia or N.Z.

Curry was a surname.

A takeaway was a mathematical problem.

A pizza was something to do with a leaning tower.

All potato chips were plain; the only choice we had was whether to put the salt on or not.

Rice was only eaten as a milk pudding.

Calamari was called squid and we used it as fish bait.

A Big Mac was what we wore when it was raining.

Brown bread was something only poor people ate.

Oil was for lubricating, fat was for cooking.

Tea was made in a teapot using tea leaves and never green.

Sugar enjoyed a good press in those days, and was regarded as being white gold.

Cubed sugar was regarded as posh.

Fish didn't have fingers in those days.

Eating raw fish was called poverty, not sushi.

None of us had ever heard of yoghurt.

Healthy food consisted of anything edible.

People who didn't peel potatoes were regarded as lazy.

Indian restaurants were only found in India.

A plate not piled high with roast meat was an abomination

Cooking outside was called camping.

Less than two fried eggs with bacon for breakfast was unknown when having a cooked breakfast

Seaweed was not a recognised food.

"Kebab" was not even a word, never mind a food.

Prunes were medicinal.

Surprisingly, muesli was readily available, it was called cattle feed.

Water came out of the tap. If someone had suggested bottling it and charging more than petrol for it, they would have become a laughing stock!!

But the two things that we never ever had on our table in the sixties " Elbows or Phones"



Thanks Jenny T - I'm sure we can all relate to this!

JULY 2020

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